

REHAB PROVIDER CHECKLIST

SELECTING POST-ACUTE CARE, SUB-ACUTE CARE, SHORT-TERM REHABILITATION & TRANSITIONAL CARE

Provider Comparison Checklist



At some time in our lives, many of us will require a period of rehabilitation following an accident, surgical procedure or any number of other medical issues, injuries or illnesses. The overriding goal in these instances is to restore patients to the greatest degree of strength, function and independence possible and return to their homes and communities. Unfortunately, with many factors and options to consider, selecting the best rehab provider for you or a loved one can be confusing and stressful.

The following checklist is designed to help you evaluate providers in your area. As you visit, simply check off items under each category. With the results in hand, you will be able to make a meaningful comparison that will help guide and inform your final decision.

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REHAB PROVIDER CHECKLIST

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ON-SITE REHABILITATIVE THERAPIES

✓		Physical, occupational and speech therapies
✓		Orthopedic rehab
✓		Respiratory care
✓		Cardiac care
✓		Stroke therapy
✓		Neuromuscular therapy
✓		Geriatric therapy
✓		Recreation therapy

AVAILABLE CLINICAL CARE SERVICES AND OVERSIGHT

✓		Wound care
✓		Pain management
✓		Restorative nursing
✓		X-rays, laboratory and diagnostic testing
✓		IV capabilities
✓		Board Certified physician coverage 24/7
✓		24-hour skilled nursing supervision

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REHABILITATION SPECIALIST CARE

✓		Licensed rehabilitation therapists
✓		Nurses specially trained in geriatric post-acute rehab
✓		Physiatrist (rehab medicine physician) supervision
✓		Registered Nurse case managers

THE REHABILITATION PROGRAM

✓		Based on a coordinated, integrated treatment plan
✓		Services individualized for each patient
✓		Utilizes an interdisciplinary team approach
✓		Assigned rehab team throughout the patient's stay
✓		Rehabilitation provided seven days a week
✓		Conducted in a fully-equipped, dedicated gym or therapy area
✓		Utilizes the latest technology and methodology
✓		Caregiver Training

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SUPPORT SERVICES

✓		Medication management
✓		Community re-entry assistance including personalized discharge planning
✓		Nutritional counseling and management
✓		Assistance with Medicare, Medicaid and insurance requirements
✓		Family education and/or support groups

QUALITY ASSURANCE INDICATORS

✓		Achieved deficiency-free surveys from the State
✓		Achieved enhanced advisory standards from the State
✓		Rated 5-Star by CMS
✓		US News & World Report Nursing Home Best Rating
✓		High patient/family satisfaction rating
✓		High percentage of short-term rehab patients that successfully return home
✓		High staff to patient ratio

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FACILITY APPEARANCE AND ENVIRONMENT

✓		Dedicated unit or wing, distinct from long-term resident accommodations
✓		Choice of private and semi-private rooms
✓		Warm and inviting surroundings
✓		Clean, home-like rooms carpeted throughout
✓		Flexible visiting hours
✓		Friendly, courteous staff
✓		Recreation and social activities available
✓		Patient rooms equipped with a flat screen TV and internet connection

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